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# Medical

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# Sexual Satisfaction at Every Age

**R**emember when sex was fun and exciting? Or maybe it's been so long, you're having trouble remembering what it was like at all. News flash: Sex doesn't have to exist only in your memory as you get older. In fact, it can be better than ever!

A healthy, thriving sex life is more than just a great way to spend some time. As we age, sex becomes a kind of "cure all" that relieves stress, burns fat, boosts the immune system, promotes healthy blood pressure levels, lowers the risk of cancers, minimizes incontinence, and provides essential emotional and spiritual benefits. All of that...plus orgasms. It's a recipe for a happy, vigorous life, says Dr. Augustine O. Mireku-Boateng, MD, National Medical Advisor for Doctor's Medical Clinic. "Many people underestimate the importance of a healthy sex life in middle age and beyond," he says. "And the good news is that, thanks to advances in technology and modern medicine, it can be possible even well into your 90s."



Through Doctor's Medical Clinic, a division of Riley Medical, LLC, headquartered in Tallahassee, Florida with a fulfillment center near Dothan, Alabama, male patients who don't respond to Viagra, Cialis or Levitra, or can't take them because of medical issues or severe side effects, receive access to over 187 doses of custom-blended prescription medication. The drugs are FDA-cleared and work on over 96% of all men regardless of a man's age or medical history, including diabetes, heart disease, high blood pressure, prostate cancer and weight problems.

Over the past twelve years' time the Doctor's Medical Clinic team of physicians combined have together treated well over 250,000 men successfully with their custom medications, a staggering number unrivaled by any other doctors.

And because a great sex life is a two-way street, Doctor's Medical Clinic focuses on women as well. According to Dr. Mireku-Boateng, "We have an FDA-cleared medical device that does automatic Kegel

*The vast majority of men over fifty cannot take the popular ED pills for medical reasons, lack of response, or severe side-effects.*



exercises, which is designed for vaginal tightening and bladder control. This helps improve intimacy for women because they enjoy greater sensation and have stronger, more intense orgasms."

For many men who've been let down by the "miracle" erectile dysfunction pills that have flooded the market in the last couple of decades, the only alternative Urologists offer has been a penile implant which involves extensive major surgery. Who wants to think about surgery anywhere near that area? "Our treatment options include simple—yet powerful—FDA-cleared tailor-made prescription medication," says Dr. Everett Campbell, MD. "You don't have to worry about the potential for painful surgery."

With Doctor's Medical Clinic, Dr. Mireku-Boateng, a board-certified urologist, and Dr. Everett Campbell, an OB-GYN, aren't just seeking to improve time spent in the bedroom. Theirs is an anti-aging movement that transforms every aspect of patients' lives, making each day more enjoyable and actually reversing the hands the



## BLAKE NATIONS, CEO

*No newcomer to the medical field, Blake has over 31 years of experience as a medical recruiter and physician placement specialist with a long-standing reputation in clinic management and business development in the erectile dysfunction field.*



## DR. MIREKU-BOATENG

*Board-Certified Urologist for over thirty-five years; past General Surgeon at Saint Agnes Hospital in Baltimore; attending Urologist and Professor of Surgery at Howard University Hospital in Washington, DC, and author of dozens of professional publications and abstracts.*

time when it comes to energy and overall health.

And because location, embarrassment, or finances shouldn't interfere with quality-of-life improvements, "Doctor's Medical Clinic is now partnering with new local clinics opening around the country to ensure its services are accessible to all. Each clinic is staffed with a trained local state licensed physician," according to Blake Nations, corporate CEO.

Doctor's Medical Clinic doesn't believe in a one-size-fits-all approach, so there's no wasted time or money. Instead, the staff is dedicated to helping men and women of every age reclaim the sex life they used to enjoy—and that everyone deserves.

## Customized Treatment Plans

The problem with the vast majority of sexual health

treatments is that they're made for everyone. Which means they rarely work well for anyone. The erectile dysfunction industry makes lots of promises in their ads, but far too many patients have been sorely disappointed by their results.

Doctor's Medical Clinic is different because its innovative therapies are different. "We've designed a personalized treatment to target most men's specific needs," says Dr. Mireku-Boateng. "We use FDA-cleared custom-blended prescription medication from our licensed pharmacy that's not available at the local Walgreens or CVS. All of the different doses are based on each patient's medical history, and we can even time the duration of the erection."

"Our guarantee in each clinic is very simple," says Nations. "If a man doesn't respond to a free test dose of the medication, right in the office, then there's no charge. We reverse any risk and patients have nothing to lose. Many men get very emotional when they see the results. This is truly life changing."

What about women's sexual health? As women age, they, too, experience physical and emotional changes that can make sex painful or, frankly, just not worth the time or effort. But the physicians and administrative team behind Doctor's Medical Clinic believe women's satisfaction is just as important! The two-part cutting-edge treatment for women typically consists of an Automatic Kegel Exerciser Therapy Treatment, an FDA-cleared, hand-held, in-home medical device that can help increase vaginal tightness with just a few simple treatments per week. Other perks include improved intimacy, greater



sensation, better bladder control, and more intense orgasms.

The second piece is Bremelanotide – PT-141, the painless Hollywood “Sex Shot” known as “female Viagra®” and popularized by celebrities like Suzanne Somers. She and her 83-year-old husband have publicly praised it for turbocharging their libido and sex drive. In fact, it’s proven to dramatically increase the chance of a woman achieving at least one sexually gratifying, explosive orgasm. “Our two-part treatment plan helps women regain their sex drives, physical performance, and ability to orgasm in explosive fashion,” Dr. Campbell says.

While traditional sexual health treatments may not work for people with common health problems, Doctor’s Medical Clinic is different. “We treat men of all ages, regardless of medical history,” says Dr. Mireku-Boateng. “No matter if you have high blood pressure, heart disease, diabetes, weight problems, waning sexual desire, or even prostate cancer, our team of medical doctors will design a personalized treatment to work for you.”

## Doctors on a Mission

Not every physician understands the life-changing power of a healthy, active sex life that stretches into the golden years, but Dr. Mireku-Boateng and Dr. Campbell do. “Its benefits extend far beyond the pleasure of the moment, even helping to add both quality and length to one’s life,” says Dr. Campbell.

The two have made innovative sexual health therapies the focus of their long, impressive careers. Dr. Campbell, a licensed



*Dr. Everett O. Campbell, M.D. graduated from University of Michigan Medical School; OB-GYN Dept. Chief, US Army Hospital Fort Chaffee, Arkansas Private Practice; Clinical Instructor & Professor UCLA; Author and trained sexual dysfunction counselor in his practice for couples with health & sexual dysfunction issues. Now retired from active medical practice and dedicated to helping men achieve effective treatment for ED.*

physician since 1959, was a clinical professor at UCLA and Department Chief at U.S. Army Hospital in Ft. Chaffee, Arkansas. He had his own OB-GYN practice for 37 years and is a trained sexual dysfunction counselor for couples. Dr. Mireku-Boateng has treated tens of thousands of men and women all over the United States for diverse sexual issues. And he was at the legendary Urological Society Summit lecture given by Dr. Giles Brindley in 1983, when Brindley dramatically announced the first ever prescription medication to treat erectile dysfunction.

Plenty has changed over the last 40 years, but the physicians and administrative team behind Doctor’s Medical Clinic have never wavered in their decades-long commitment to bringing effective sexual health treatments to patients all over the world. No matter where patients live or what’s in their medical history, Doctor’s Medical Clinic and its partnering clinics can now help men and women get their sex life back.

## Sex Stats in the Senior Set

- Only 43% of older women and 31% of older men are satisfied with their sex lives, despite the fact that the majority are interested in sex.\*
- Just 17% of unsatisfied adults have consulted a doctor about sexual problems.\*
- Boomers are uncomfortable bringing up sexual difficulties with their doctors, and doctors are reluctant to ask patients over 50 about their sexual health.\*\*
- Boomers and seniors are the fastest growing demographic of online dating and desire sexual satisfaction in their encore adulthood, the third act of their lives.\*\*

*\*According to University of Michigan/AARP National Poll on Healthy Aging*

*\*\*According to Psychology Today*

